Dietitian & Nutritionist

**Job Description:** Plan and conduct food service or nutritional programs to assist in the promotion of health and control of disease. May supervise activities of a department providing quantity food services, counsel individuals, or conduct nutritional research.

**What does a Dietitian or Nutritionist do?**

* Assess nutritional needs, diet restrictions, and current health plans to develop and implement dietary-care plans and provide nutritional counseling
* Evaluate laboratory tests in preparing nutrition recommendations
* Consult with physicians and health care personnel to determine nutritional needs and diet restrictions of patient
* Record and evaluate patient and family health and food history, including symptoms, allergies, medication factors, and preventative health-care measures
* Develop recipes and menus to address special nutrition needs, such as low glycemic, low histamine, or gluten/allergen-free
* Plan, conduct, and evaluate dietary, nutritional, and epidemiological research
* Develop policies for food services or nutritional programs to assist in health promotion and disease control

**Outlook:** BRIGHT

Average Salary - $29.64 hourly, $61,650 annually

Projected Job Openings – 5, 900 in the next 10 years

**Your Interests:**

* Are you interested in food science?
* Do you like helping others?
* Do you have good communication skills?
* Do you like to cook?

**Education/Program of Study:**

* Most entry level positions require a bachelor's degree, while higher level positions may require a master's degree and certifications.
* Degree paths include health science, food science, biology, and other related fields