**North Carolina State University**

**Counselor Education Program - Informed Consent Agreement**

The Counselor Education Program’s students obtaining their Masters of Counseling are trained in counseling skills, theories, and techniques so they are able to help individuals in the helping relationship in a variety of the following ways:

* Improving client’s personal, social skills, and adjustment to life situations
* Assisting clients in improving other skills like problem solving and decision making skills
* Helping clients work through personal, vocational, and relationship concerns.

The Masters Counseling Practicum students from the Counselor Education Program are required to videotape sessions with clients for training purposes. These recordings are solely for the purposes of enabling the counseling faculty to assess and help develop the skills of the counselor-trainee.

The information obtained from or divulged by the client is treated with the strictest confidence in accordance with the ethical and professional standards provided by the American Counseling Association and the American School Counselor Association. Information will not be transmitted to any person or agency without the written consent of the client and/or the parent /guardian of the client (if the client is a minor). The exceptions of confidentiality are: *1.Subpoena or court ordered by a judge; 2.Suspicion of child/elderly abuse/neglect; 3.Client threatens/commits harm to self or a third party.*

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**I hereby agree to the following:**

* Taping of counseling sessions. Tapes will be erased at the termination of counseling.
* The counseling faculty and counseling peer supervision group will listen to or view the tape to assess counselor trainee skills.
* What is said or done by the student or client will be kept in confidence and not be transmitted outside of the counseling supervision class or supervision process. Only the client or parent/guardian may elect to release this information to persons or agencies outside the counseling program.
* The case records maintained concerning the counseling sessions will be kept in a confidential file and always under the protection of the counselor-trainee and faculty.

**Sign and date below on the lines to signify you have read, understood, and agree to all of the content on this Informed Consent Agreement.**

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Client or Parent/Guardian Signature Date